MARY M. EGAN

PORTLAND OREGON | 407-408-7367 | EGANM1@CSP.EDU

EDUCATION/LICENSES

Concordia University, St. Paul Portland Cohort |
ABSN, Expected Dec 2025
Smith College | BA, 2001
Certified Nursing Assistant (Licensed in
Oregon), 2023–2025
BLS – Current Exp. 5/26

SKILLS

- -Comprehensive patient assessment
- -Med administration (oral, subcutaneous, IM, IV); Vital signs collection and interpretation
- -Wound care and dressing changes
- -Tracheostomy patient care, suctioning and ventilator safety protocols
- -IV initiation and maintenance
- -EKG monitoring, application and basic interpretation,
- -Epic and My Chart documentation, messaging
- -Therapeutic communication and deescalation strategies
- -Leadership strategies, and delegation awareness
- -Infection prevention and Patient safety protocols
- -ABC prioritization, Triage, and Emergency response (BLS)
- -Patient advocacy and Cultural awareness
- -Diabetes education and nutrition counseling
- -Care planning in collaboration with interdisciplinary teams

REFERENCES AVAILABLE UPON REQUEST

PROFESSIONAL SUMMARY

Compassionate ABSN student with clinical rotations in cardiology, NICU, long-term care, public health and mental health. Experienced CNA with strong skills in assessment, vital signs, wound care, medication administration. Respected for strong therapeutic communication skills and insight. Brings prior leadership and communication experience to patient-centered nursing practice.

CLINICAL EXPERIENCE

<u>Vancouver Clinic – Salmon Creek Cardiology Clinic (Capstone, 180 hrs, 2025)</u>

Cardiovascular assessments, EKGS, Holter monitors, Stress tests, Bruce protocol, medication reviews, patient education. 16 hour training in Epic, telemetry

OHSU / Quality Hillsboro - Mother Baby & NICU (June 2025)

Postpartum assessments, parent education, newborn feedings and care (33–39 week neonates). Provided care in isolettes, monitored infant stability and bonding.

<u>Avamere Hillsboro / Sapphire Gresham – LTC,& Vent Unit (Nov-Dec 2024, Jan-Feb 2025)</u>

Medication calculations and administration, ventilator safety protocols. infection control, documentation, assessments
Patient education; informally shadowed wound care NP and RT

<u>Sapphire Mental Health Facility Gresham – TBI Unit (Mar-April</u> 2025)

-Administered medications under supervision, supported care planning, practiced theraputic communication and assessments.

PAID HEALTHCARE EXPERIENCE

Certified Nursing Assistant – Sapphire at Fernhill (2023–2024)

- -Provided direct care in skilled nursing facility; monitored and documented patient status.
- -Collected vitals, tracked mood, cognition, skin, respiratory, swallowing, intake/output.. Reported changes promptly to nursing staff; assisted ADLs, ensured safety and comfort.

OTHER PROFESSIONAL EXPERIENCE

Business Manager – MOA Construction (2004–2019) Founder / Artisan – Grace Common (2019–2022)

Paralegal – Egan, Lev & Siwica (1999–2002)

Administrative Assistant – SEIU 503 (2002–2004)